Yoshiko Kosaka

First of all, Rob said he was inviting our group to a new adventure, and reading A Process Model is like knowing a different culture. I was also excited to learn western philosophy with people in western culture, because I thought that must be real to learn it in original language and culture as a background of the philosophy.

Rob led us understand it in a very experiential way. And he waited for the very last person to understand the concept, like a Sherpa as he calls himself. It was surprising experience at first, but gradually, I felt comfortable. It was very easy and simple way to understand the concept. I would not have understood it like that by reading A Process Model myself.

But I often noticed others in struggle to understand. I wondered why people wonder so much in understanding those concepts. I could not explain them, but the they were very familiar to me, and resonated naturally.

Rob explained how different the concepts of A Process Model are from usual Western culture. I did not expect that difference. By listening to the discussion, I came to think of a word "諸行無常" and remembered the word came from Buddhism. Then I knew the difference came from our culture. It means "everything changes and never be the same". It helped me understand EVEV and other basic thoughts in the book.

I have never learnt Buddhism precisely, and have been living in a modern city, Tokyo, but still somewhere deep inside me, I knew things like that. Things don't stay the same.

By learning A Process Model in English, I rediscovered myself. The book explicated myself in this Eastern culture, and its richness.

I really appreciate Gene and Rob, building a wonderful bridge. I only knew its commonality through my felt sense, not through concepts. Thank you.